



Menu for Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast Selection of cereals or toast	Breakfast Selection of cereals or toast	Breakfast Selection of cereals or toast	Breakfast Selection of cereals or toast	Breakfast Selection of cereals or toast
Morning snack Fresh fruit	Morning snack Breadsticks, salad & dips	Morning snack Water biscuits	Morning snack Fresh fruit	Morning snack Toasted fruit loaf
Milk or water to drink	Milk or water to drink	Milk or water to drink	Milk or water to drink	Milk or water to drink
Lunch Spaghetti Bolognese with vegetables	Lunch Turkey casserole	Lunch Tuna & cheese pasta bake	Lunch Chicken curry with rice & vegetables	Lunch Roasted vegetable pasta
Dessert Fromage frais	Dessert Tinned fruit & custard	Dessert Fresh fruit	Dessert Fromage frais	Dessert Fresh fruit
Afternoon snack Oatcakes & raisins	Afternoon snack Toast & fruit	Afternoon snack Salad sticks & dips	Afternoon snack Crackerbread with cheese	Afternoon snack Apple slices & cheese cubes
Milk or water to drink	Milk or water to drink	Milk or water to drink	Milk or water to drink	Milk or water to drink

Tea Sandwiches	Tea Scrambled egg & toast	Tea Cous cous salad (pomegranate & sweetcorn)	Tea Jacket potato with various fillings	Tea Risotto
Dessert Strawberry/banana mousse	Dessert Fresh fruit	Dessert Flavoured yoghurts	Dessert Fresh fruit	Dessert Fromage frais

This Menu is subject to change if there is a problem with food suppliers.
Vegetarian option is also offered where appropriate.
All dietary requirements are catered for.
Water is available throughout the day.